School: Langrish **Session Start** Summer 2 2022

Class: Yr 6

Name	Water Confidence		Front Crawl		Back Crawl		Breaststroke	
	Face & Movement		With Floats	Without Floats	With Floats	Without Floats	With Floats	Without Floats
B				25m		25m		25m
B				25m		25m		25m
B				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
B				25m		25m		25m
B				25m		25m		25m
B				25m		25m		25m
B				25m		25m		25m
B				25m		25m		25m
B				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
G				25m		25m		25m
B				25m		25m		25m
G			20m	10m	15m	8m	15m	5m
G			20m	10m	15m	8m	15m	5m
G			20m	10m	15m	10m	15m	5m
G			20m	10m	15m	10m	15m	5m
G			20m	10m	15m	10m	15m	5m
B			20m	10m	15m	8m	15m	8m
B			20m	10m	15m	8m	15m	5m
B			20m	10m	15m	8m	15m	5m
G			20m	10m	15m	8m	15m	5m
30								

All children paticipated in a practical two hour pool session based around performing safe self-rescue in a water based situation.

They also participated in water based activities on PGL residential in July 2022 and performed safe rescue techniques

Abby