

Langrish Primary School



Platinum Sports Award Presentation By Year 6

July 2022

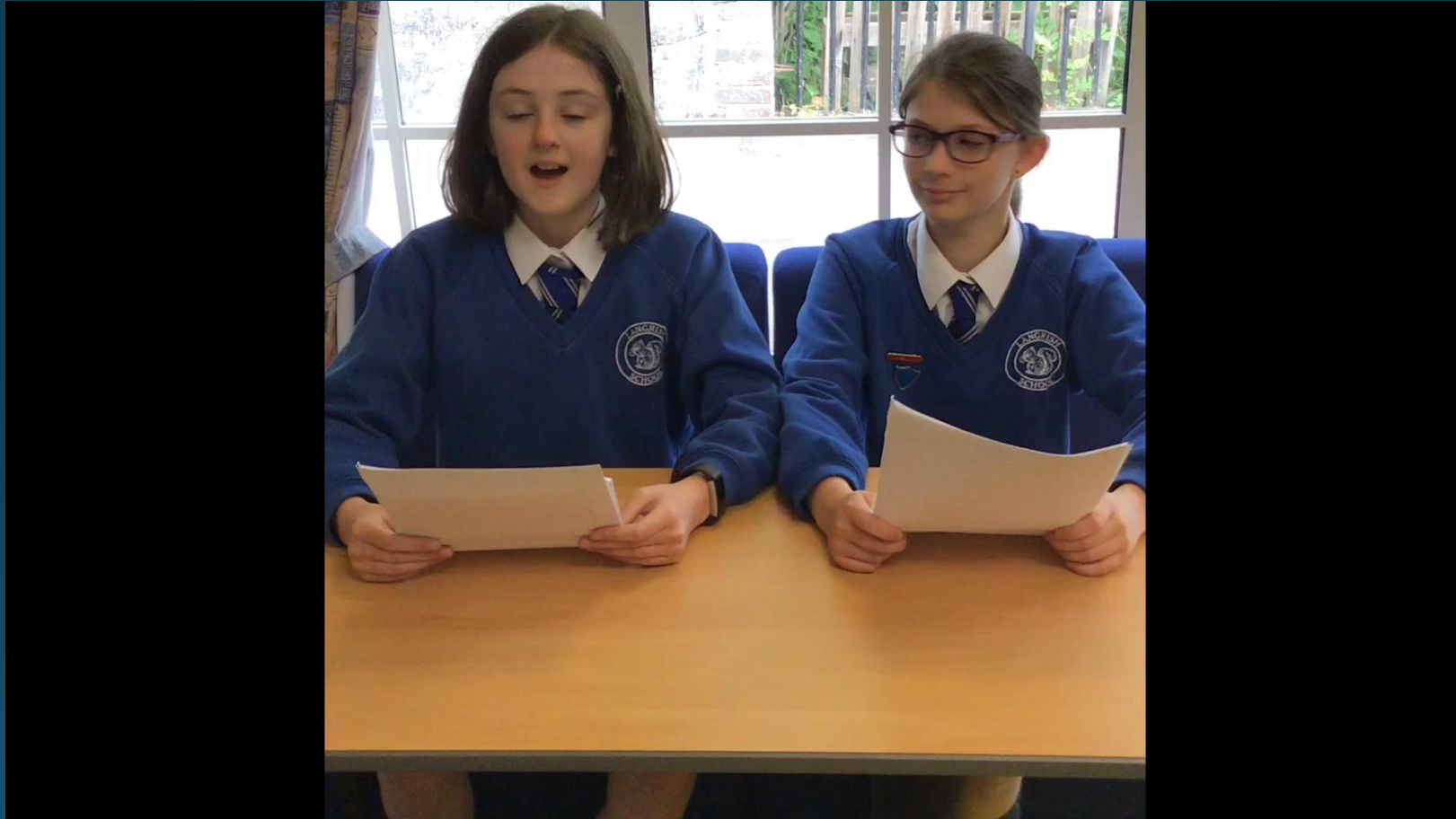
Welcome to Langrish Primary School !

Langrish is a small primary school with just over 200 pupils and we take our mental health, well-being and physical education very seriously. We strongly believe that all children should be included with all the physical activities we provide throughout the classes.

Our motivation

Our motivation is for all of our pupils and school community to be healthy and ensure that they understand enough about sports to be safe, take part in activities and to continue and develop sports for when we become adults.

Watch our introduction



Pupil Voice

- At Langrish, every student has the chance of having pupil voice; we have a school parliament such as a School Councillor, a Playleader and Eco Ambassador who are elected in each class. If anyone has anything to say about the school they can tell a teacher or a designated member of school parliament.



Leadership

Every child can show leadership in any year; they can be chosen by the class or school for example a house captain is elected by the school houses to lead sporting events like sports day. Leadership is leading a group of people and being fair, flexible and a team player. We also get the chance to observe older people showing leadership, that includes: Perins' students at the cross country, GCSE students at an athletics tournament and visiting TPS (the main secondary school) to watch them do sports.

Pupil voice video...



Intra school competitions

Throughout the year of school we have the option to play in a variety of house sport competitions. There is a range of different sports ranging from netball to rounders. Each year we have a sports day that we can compete against other houses and friends.



Key Stage 2 Intra-school football competition.

Inter-school sport competitions

Our school takes part in many inter sport competitions such as: football, cricket, netball, dodgeball, skipping and cross-country. We have the facilities to train and improve our skills in a wide range of activities. We play and enjoy these sports to keep our skills fresh and to improve. These are the highlights of this year.



The netball tournament at Perins school.



The year 5/6 football tournament at Havant.



The Perins cross country key stage 2.

Inter-school sport competitions



The Langrish team at an athletics tournament in Portsmouth.



The year 4 dodgeball tournament at Eggars school.



The girls football tournament at Perins

Outdoor learning

As well as Forest School, we often take our learning outside. In Maths, we went outside to measure angles, timing event and measuring our heights for averages.

In Science, we worked outside for experiments, did investigations on bacteria and germs, we did activities on measuring and investigating our heartrate.

In Spanish, we worked outdoors to learn colours.

In RE, we did a role play of the last supper outdoors.

Our Summer Fair and annual charity day, are heavily based around sports and activities that anyone can take part in.

Osmington Bay

Every year, all of Year 6 go on a one week residential with the class and we do loads of different fun activities. We sleep in dormitories with our friends and we also have an activity group that we do some of our activities with. At the end of the day we all group up and do some indoor and outdoor class activities after dinner.

Every day, we enjoy 5 different activities. Activities include: dragon boating, hiking, orienteering, high ropes and the giant swing.

Sport at Langrish



Inclusivity

Our school helps students who have different needs. We have affordable school clothing, including PE kits and trainers, outside of the school office. Parents can access this kit throughout the school year.

If needed, a teacher will take students to a tournament if their parents can not take them. Parents play a big role in transporting pupils to and from sporting events. This means, we can take part in lots of activities and tournaments out of school. Occasionally, a bus will take students to a tournament.

Examples of our inclusive activities in and out of school.

Year 4 Skipping workshop at Eggars School



Since it was such a success in Year 3, all of the teachers will be trained to teach Kin-ball next year.

Year 4 took 2 Dodgeball teams to Eggar's school to take part in a Hampshire schools competition.



Our inclusivity video...



National activities and programmes

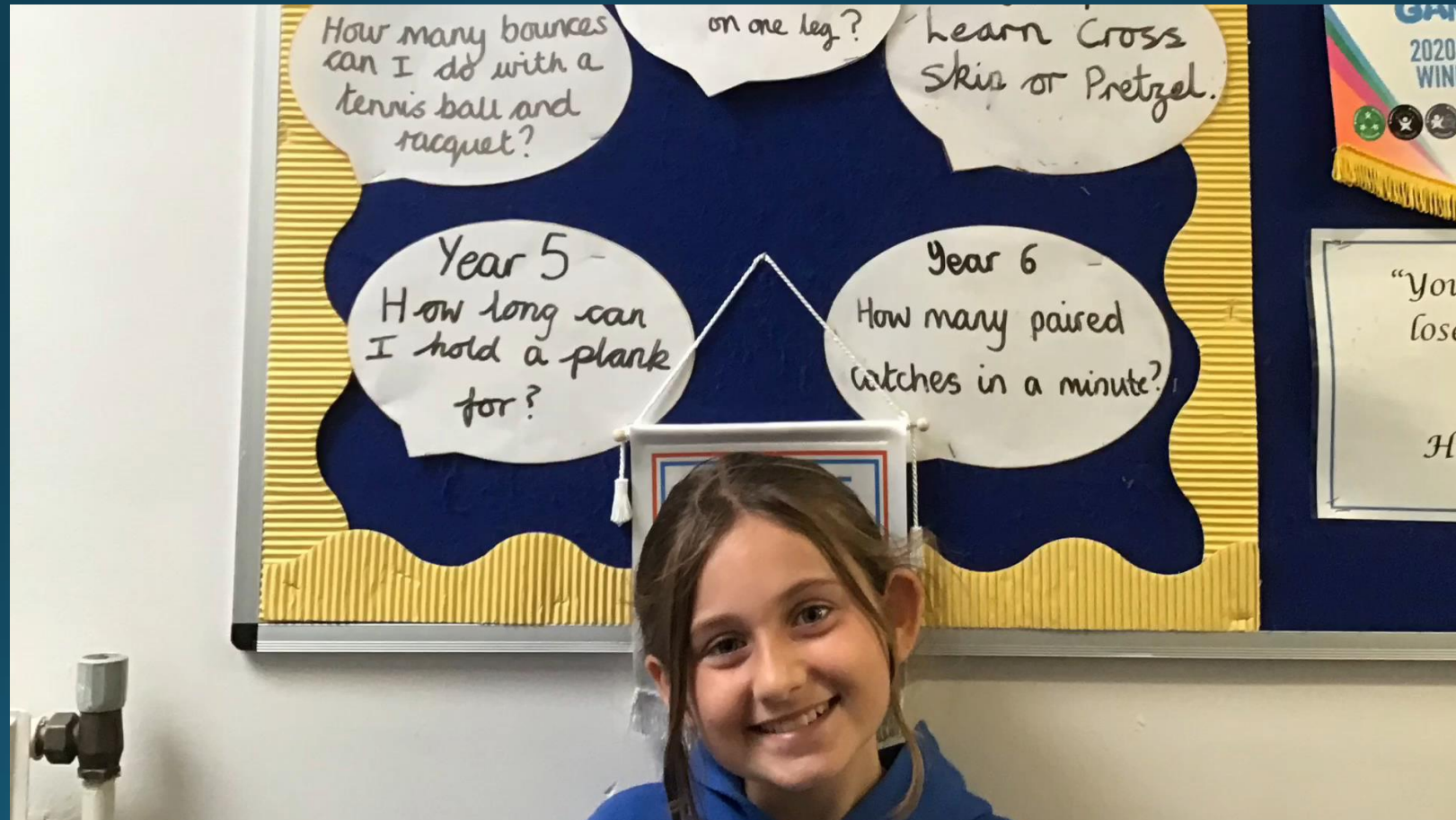
At Langrish, we have taken part in many National Programmes. We ensure that every student who takes part enjoys the activity. We have many clubs and good quality equipment to use. We have taken part in many National events such as: Bikeability, athletics and a variety of walk to school events.



Hampshire school games week activities







Legacy and Life after Covid



During lockdown, some children came to school while others stayed at home.

At lockdown school we were separate from other classes because it kept us safer during COVID-19. We had different spaces to be in the fresh air, unlike some schools that had less time outside.

At home, we still did learning online but, we still stopped for break, lunch and Physical Education which the school provided equipment for : skipping rope, beanbags and rings.

After COVID-19 we still continued 'Wake and Shake' and 'Up And Go' as well as coming in school in our PE kits on PE days which increased our time of active learning.

Home learning

During lockdown, home-learners were set many sport challenges such as: skipping challenge, running races, and other sports which kept them healthy and active. Similar to home learning, Langrish started 'wake and shake' and 'up and go' which involved the children in many fun activities for example: PE with Joe Wicks. Where as isolated children met up with teachers and friends online to review how the child has progressed.

COVID-19 School

At school we had a fulfilled afternoon of Physical Education and in the morning we had 'wake and shake' where we did Joe Wicks or other active games. On non-Physical education days we enjoyed 'up and go' in the afternoon as well being encouraged to do our daily exercise. We all shared our sporting activities, achievements and victories through online calls such as teams.



Impact and benefits

The impact of all of these sports and activities, is that we have tried new things, travelled to new schools and had the experience of doing things that other schools don't. Some pupils have continued to take part in activities and sports out of school, after they have tried it in school.

The benefits of being such an active school, are that everyone is healthy, everyone can take part in different events, more parents are encouraged to send their children to Langrish, children enjoy coming to school and take part in events. We introduce healthy choices, promote physical health and mental well-being.

Pupils who start their education at Langrish have the best chance in continuing to maintain a healthy life style and have the experience of trying new things so that in the future we have the confidence to keep doing that.

Pupils learn to respect others around them, we are inclusive and we always work brilliantly as a team.

From Year R to Year 6, ALL children learn so much from sport at Langrish.

Year 6 Team Langrish Primary School.