

Knowledge Organiser



Year 1 - Growing and Changing

Key questions

Getting Help

What is a trusted adult?

Which adults at home can you ask for help?

Which adults at school can you ask for help?

Becoming Independent

What can you do now, that you couldn't do as a baby?

What can you do now, that you couldn't do as a toddler?

What can you do now, that you couldn't do last year in Reception?

What are you still learning to do?

Body Parts

Which body parts are on the inside?

Which body parts are on the outside?

How do different body parts work?

Are girls' and boys' bodies the same?

Which parts are different?

Key vocabulary

adult heart

brain stomach

trusted growing

lungs vulva

penis learning

I can ...

I can identify an adult I can talk to at both home and school. If I need help.

I can tell you some things I can do now that I couldn't do when I was a toddler.

I can tell you what some of my body parts do.