



Bethlehem Bakeoff: a sweet nativity



Year 1 and Year 2 performed an amazing Nativity called 'The Bethlehem Bake Off'. They all shone on the stage after working so hard in their rehearsals. I think we have some future actors, presenters and TV judges amongst you all. Well done for all your hard work Key Stage 1. Thank you to the parents for your support and for providing the lovely costumes.

Family Carol Service at St. Peter's Church



Joyful carols, festive performances from the choir and eloquent readings from our Year 6 pupils made Friday night's Family Carol Service at St Peter's a truly magical event. Thanks to all our families who came along and sang so beautifully, to Rev. Hughes for hosting and Mrs Riggs, for not only accompanying our efforts on the piano, but also writing a new song for our choir and supporting them to perform so confidently. What a treat!



Joyeux Noel!



A huge congratulations to our French performance club, who performed their festive, 'Un Chant du Noel' this week to family and the rest of Key Stage 2. Their confidence to tell the story in fluent French, supported by some beautifully festive, French carols, was incredibly impressive and we very much enjoyed the show— even if much of the dialogue was over the heads of our Key Stage 2 audience members. What an achievement after just half a term of club sessions. Thanks you to Mrs Horner for all of your work supporting and encouraging the children. Visit our [French page](#) to see them performing the songs.

A Christmas Celebration



Year R transformed into snowmen, Santas, reindeer, Christmas puddings and bell ringers to bring yet more festive joy and round off a busy calendar of musical performances. Their enthusiasm, singing and smiles were truly heart-warming and made us all incredibly proud of how far they have come in just a term. Well done Team Squirrel and thank you for a magical morning.



People Project – How to Inspire a Nation

The People Project's first run has finally come to an end and what a journey it has been! We finished off, this half-term, with 'How to Inspire a Nation' - a unit with a focus on famous artists who use a range of artistic styles. The artwork completed by our pupils was captured in our red books and some was displayed on our People Project board. We also wanted our Arts Ambassadors to put together a video, which can be found on our school website by clicking the link below:

[Langrish Primary School - Inclusion and Equality Information](#)



Damien Hinds visit

This month, we had our East Hants MP visit, delivering two assemblies: one to KS1 and one to KS2. He spoke in great detail about what the Houses of Parliament are, what he does as an MP and some of the history of our government. It was an interactive experience, where our pupils got the chance to ask lots of questions. Well done to a Year 2 pupil whose response to, 'Which 'D' happens in the Houses of Parliament?' had us all giggling... 'deception!' In spite of this, Mr Hinds was duly impressed with the children's behaviour and engagement and has expressed an interest in returning soon.





Year 1 History of Toys Trip



This month, our Year 1 class jumped onto a coach and headed down to the Gosport Museum and Art Gallery to travel back in time! It was all to do with their History topic, which involves exploring the ways in which toys have changed within living memory.

First, they completed a chronological challenge, working out which toys their parents, grandparents and great-grandparents might have played with. Then, the children took part in a series of hands-on tasks using toys from across the decades, before finally having some free time to play a range of games, both old and new. It was a fantastic day, and provided a marvellous introduction to their historical toys topic.

Autumn Reading Challenge

Congratulations to all pupils who completed the Autumn Reading Challenge this term, discovering new books featuring characters with a neurodiversity. They all received 25 house points for their hard work and were entered into a year group prize drawer, with winners pulled from a hat in our final assembly of the year. Enjoy your book vouchers and let us know what you spend them on!

PRIZE WINNERS

- Year 1 - Ferne
- Year 2 - Molly
- Year 3 - Wilf
- Year 4 - Eloise
- Year 5 - Immy
- Year 6 - Skye



Impact of the People Project

Now that our first complete cycle of the People Project has come to an end, we asked some of our pupils who represent different protected characteristics - i.e race, religion, gender - how the People Project has impacted them. These were their responses:

"It's good to learn about people who have had hard times in their life and have had victories over things that they have tried to succeed in when they were younger."

"When we learnt about Harriet Tubman, it taught me not to do things just for myself, but to do things for others."

"It helps me to understand that even if you are different, you can achieve anything."

"I have really enjoyed studying it and have found it helpful because when people say 'neurodiversity' or 'disability' to me, my mind, most of the time, before the People Project, went to my own autism or ADHD and my basic understanding. But it's a massive part of lots of people's lives. So, it has opened my eyes to so many different people and has educated me on these, which will help in future relationships."

"I'm inspired to become an artist or a sport's person because of the project. I now see that I can become someone like that because I see myself in the people we've learnt about."

"It has helped us to understand how people are different and that there are people who stand up for our rights too."

"I think it has really helped because it helps others to understand my views or the religion I practice."

"Having lessons on people like Martin Luther King Jr inspires you to want to be like him."

"It shows people that people with my colour skin were not treated fairly and if you forget the past, you are doomed to repeat it."

"It has helped me to realise that I am not the only one and I feel more comfortable in my own skin in my class. I feel like I belong here."

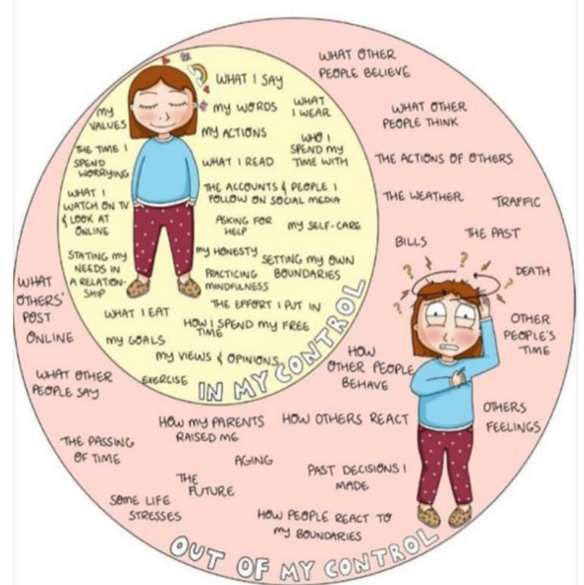
"Learning about people like me has made me feel inspired and special. It reminds others that we are born to stand out."

IMPACT



Active Playtimes and Emotional Regulation

To continue our work on mental health and well-being, and in line with our new [Behaviour Policy](#), we spent time during our recent INSET further exploring behaviour strategies. Mrs Browne led staff in Cognitive Behaviour Therapy (CBT) strategies we can use with the children (previously delivered by Hampshire Educational Psychologists) and the Primary Behaviour Service led PACE training – exploring the power of connections to support behaviour and regulation. The visuals below capture the approaches and may be useful to explore with your own child when they express feelings of anxiety of emotional distress. More information can be found on the next page.

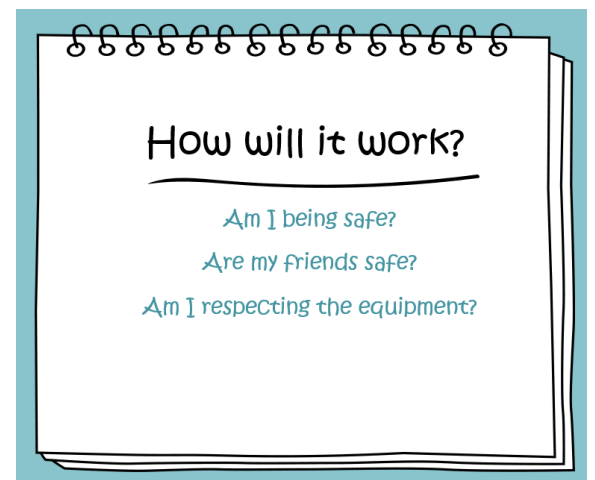
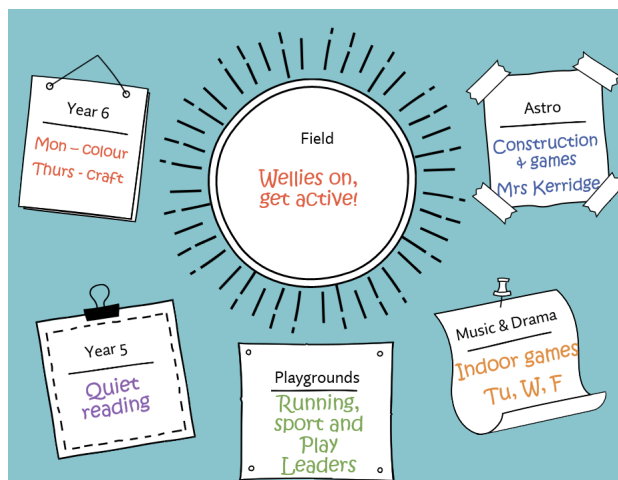


As you know, we have also been exploring how we can make our lunchtimes more inclusive and meaningful for our children by providing a greater range of choices. Pupils now have the option of quiet, indoor spaces to avoid sensory overwhelm; indoor and outdoor games to develop social skills without the hustle and bustle of a busy playground; resources designed to support regulation, creativity and curiosity; more space to play and a variety of spaces to choose from to support varied interactions. While the provision will continue to evolve with the seasons and the children's interests, the pupil voice so far has been overwhelmingly positive and incidents of both dysregulation and injuries have reduced.

"It's much better, we can do more stuff and go inside and read."

"There are more chances to make choices; I have tried the new options."

"There are fewer injuries."



The addition of a new mud kitchen on the playground has also been well received but now the children would like a bigger one to allow more children to play with it at once! More chess and draughts pieces have been requested to play on the outside tables and we are supporting the children to consider the different choices carefully each day so they pick the space and type of play that they need. Do please keep sending in those old jigsaws and games as well as any surplus utensils for the mud kitchens!



Support for the Festive Season

Christmas can be a tricky time for children and adults alike: busy houses, lots of noise and expectation without the comfort of the usual routine. Beacon House have created a brilliant collection of resources, designed by their therapists, to support regulation, connection and rest during December. Click on the example below to access.

The Power of PACE at Christmas Time

There are a lot of feelings flying around at Christmas time for children and adults alike. Finding the right balance for YOU is something to work towards. PACE can help. PACE - Playfulness, Acceptance, Curiosity, Empathy



Playfulness isn't the same as playing but is enjoying time with someone else or yourself in an unconditional way.

This can look like a 5 minute sofa snuggle with someone, walking hand in hand, swapping cringey cracker joke or even taking yourself off for a cry on your own if that's where you're at and trying to leave behind any guilt about it.

It's about showing a real interest in someone, or yourself, and finding something you really enjoy about them - or you. Even if that's 2 minutes alone with yourself outside the front door!



Beacon House
Therapeutic Services and Trauma Team

Acceptance means sitting with strong emotions or perspective of another and knowing that you might not be able to take these away. There may be no words of advice to give, strategies to implement or thoughts to share, only comfort by offering your safe presence.

It is allowing uncomfortable sensations and emotions to be in your own body without judgement. Accepting their existence.

For an example of this and Empathy, watch the YouTube clip called 'Brené Brown on Empathy' or find inspiration from the song 'Hold Space' by Ward Thomas.



Curiosity isn't about asking "why?" even when this is exactly what we want to know! It's about wondering what is going on inside for someone or ourself.

It's about taking the risk of being wrong "Can I share my ideas with you... I wonder if... I might be wrong, so tell me if I am, but here are my thoughts..."

A way of letting someone know that your mind is on their mind and genuinely interested in anything at all that's going on in there without judgement.

It is practising this same non-judgemental curiosity within ourselves.



Empathy can take a lot of energy at Christmas.

Sitting with the disappointment of a child who hasn't got the gift they hoped for "I can see the sadness in your eyes that it's not what you wanted" or accepting our own disappointment that the time hasn't felt very festive "I am where I am and things are how they are and I'm going to do my best to feel okay with that".

A top tip is try to move away from reassurance or denial of feelings - others or your own. Naming what is happening for ourselves or another helps us in our offering of empathy.

To PACE oneself: "To do something at a speed that is steady and that allows one to continue without becoming too tired."

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Trauma Informed Attachment Aware School (TIAAS) Programme

Certificate

OF EMERGING
FOR BRONZE



This certificate is presented to:
Langrish Primary School

Valid date: 11/11/2025

Signed: Michelle Nye
Virtual School Headteacher

Signed: Andrew Wright OBE
ARC Chair

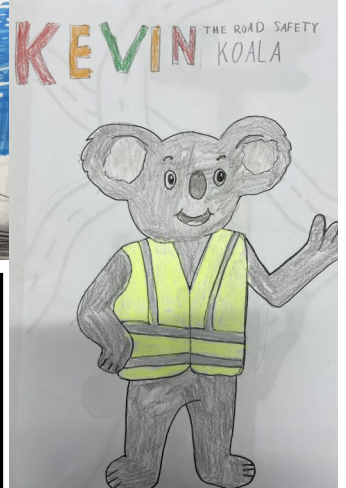
Celebrating our Relational Approach

In recognition of our efforts to date to become more trauma informed and attachment aware, we have been awarded a Bronze certificate from the Attachment Research Community. ARC is a national charity set up in 2017 by Virtual School Headteachers, school leaders, psychologists, training organisations and academics, with a mission for 'every school to be attachment and trauma aware'. We are proud to join a growing number of schools across Hampshire (13 at the last count), who have received this level of recognition. A relational approach, while often championed for those who are most vulnerable, is rooted in strong, mutually-respectful relationships, with communication, empathy and dignity at its heart and is therefore equally important for all our children.



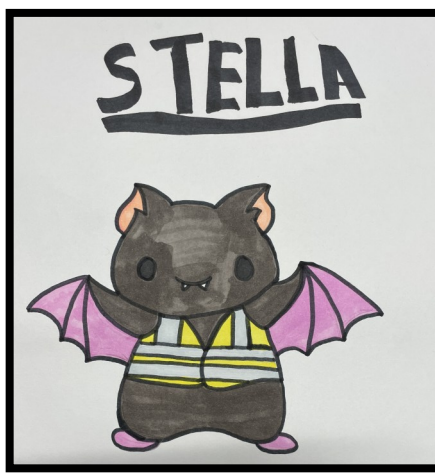
JRSO Safety Mascot competition

This half-term, our Junior Road Safety Officers launched a competition to create a new safety mascot. This mascot should embody safety and remind us all of the dangers of the road. This was set as homework and so many fantastic entries came in! Below are our four runners-up (all of which were fantastic and so easily could have won!):



Our JRSOs eventually chose safety Stella as their overall winner and new mascot because of the hard work that was

put in to draw her and the great way she can remind us all to be safe. Contrary to the myths we often learn, bats have fantastic eyesight, especially at nighttime, meaning she is a wonderful role model, reminding us all to be bright and be seen at dusk and in the winter mornings when crossing the road.



Christmas Fayre



What a wonderfully festive day of fun we had on the penultimate day of term: Christmas Jumpers as far as the eye could see, a traditional Christmas lunch served by teachers to a festive playlist and a fun packed fayre. Through disco dancing, photo booths, Christmas crafts, glitter tattoos and gunge tanks you raised £1104.78! The Save the Children collection has been collected—we will let you know that total once they have counted it for us!



STEM House Challenge



Our first House Challenge of the year was held this week with all pupils from Years 2– 6 competing to design and build the most successful balloon-powered car. A lovely morning with great collaboration across the year groups. Congratulations to Yellow House, who took the cup on this occasion.

[Click for more pictures in our gallery](#)

Enjoying Active Playtimes



[Visit our gallery for more photos!](#)



FoLS Christmas Update

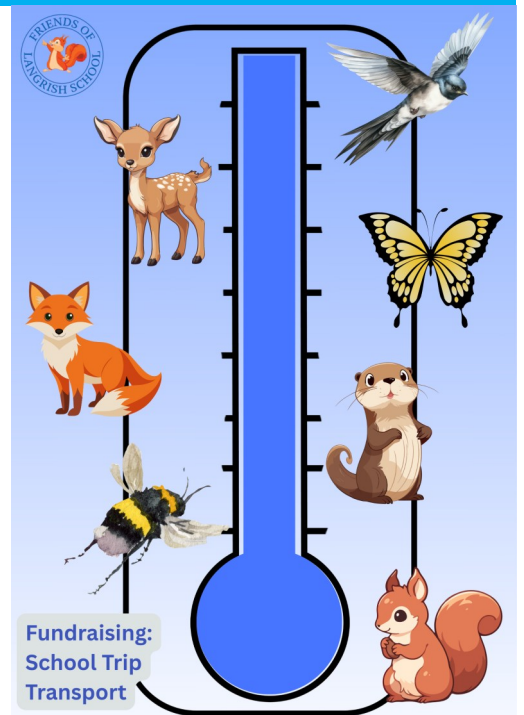
Another busy & fun-filled half term with FoLS!

Rake Garden Centre kindly donated our beautiful tree in the school hall. We dressed it with donated items and handmade decorations made by the children. Thank you to those that volunteered!

We also had our annual **wreath-making workshop**, which was led by an incredible, professional florist. What a wonderfully festive start to the season!

And finally, we had our **Christmas Fayre & Green House Bake Sale**. The children had a blast going from one activity to the next, all dressed in their fabulous Christmas jumpers! Thank you to everyone who kindly baked and bought sweet treats for the bake sale. We know it's such a busy time of year, with so many dates to remember - we hope that keeping the children's Christmas events to one day helped with everyone's admin!

Thanks to the support of those volunteering, buying tickets, taking part, baking etc, we have managed to smash our initial fundraising target and **have enough to fund the transport for the school trips this academic year!** Now we'll be raising money to help fund the all-weather running track & Year R playground improvements.



After the Christmas break, we'll be running a **children's raffle**, with some fantastic prizes that the children will love!

Prizes include:

- 🎈 An Inflatable Party at The Taro (worth £250!)
- 🎟️ 2 x sets of 3 free entry tickets to Blue Reef Aquarium
- 🎬 4 Vue cinema tickets
- 🎳 4 Hollywood Bowl bowling tickets
- 🍬 A Haribo selection box

Raffle tickets will be available to purchase online from Monday 5th until Thursday 8th January, with the draw taking place on Friday 9th January. All prizes are child-centred and family-friendly. Good luck to everyone taking part!



Thank you again for supporting FoLS and helping us raise valuable funds for the school. The committee put so much time and effort into making sure our children have fun-filled memories from school events and your engagement & donations ensure we can continue to do this.

Merry Christmas and have a brilliant New Year. See you in 2026!



Girls' Friendly Fixture



Our Year 5 and 6 girls' footballers enjoyed a friendly away match against St. Matthew's this month. Not only did they get to play on a great astro pitch, under the floodlights, but – just like the Lionesses, who played at St. Mary's that same evening – they experienced the challenges and exhilaration of playing in the pouring rain!

Great attitude shown by all – well done girls!



Looking ahead:

Monday 22nd December—Friday 2nd January: CHRISTMAS HOLIDAY

Wednesday 7 th January	Year 4 swimming starts (6 weeks)	10.30am
Thursday 8 th January	Year 5 PGL information meeting with Miss Coleman	2.45pm
Friday 16 th January	Houses of Parliament Trip, invited pupils	
Tuesday 20 th January	Year 6 trip to Haslemere Museum	
Thursday 22 nd January	PMF Choir rehearsal at Churcher's College	9.30-11.45am
Wednesday 28 th January	KS2 Cross country at Perins School	3.45pm

Monday 16th - Friday 20th February: Half-term

Wednesday 25 th February	Year 3 swimming starts (5 weeks)	10.30am
Thursday 19 th March	Year 5 & 6 trip to Chichester Festival Theatre	

Monday 30th March—Friday 10th April: Easter Holidays

Tuesday 12 th May	Year 2 trip to Sea City Museum	
Wednesday 10 th June	Year 5 River Study trip	
Friday 12 th June	Year 4 trip to Gilbert White	
Friday 19 th June	Sports Day	