

How can I support my child at home for school readiness:

- Be more independent –
- Can I put on my shoes by myself? Do I know which way my shoes go? (banana feet)
- Can I put on my own coat?
- Can I put my clothes on by myself?
- Can I attempt my own zip?
- Can I wipe after using the toilet?
- Wash my hands
- Wipe my own nose and notice when I need a tissue
- Use a knife and fork
- Drink from a cup
- Pour a drink from a jug

Support fine and gross motor skills to enhance ability

- Play with playdough
- Hold different sized pencils – how to hold a pencil correctly and why it is difficult.
- Use scissors to cut paper. are they moving the paper not the scissors.
- Sorting small object like buttons, threading beads
- Get outside to climb, hang, kick, swing, run, jump, risk assess their play.
- Climb up and down stairs one foot on each step
- Learn a new skills – bike, scooter
- Sit at the table to eat dinner to support posture.

Communication needs

- Order what you want from a café
- Introduce themselves to someone new (like me!)
- Listen to others when they are talking to engage in conversation
- Share toys
- Take turns when playing board games/snap to understand rules.
- Lose a game! You cannot win all the time. Can they be pleased for the winner?
- Make eye contact with who they are talking to
- Follow two or more instructions (go get your shoes and coat)
- Have stories read to
- Sing songs
- Ask for help when they need it

- Talk about feelings and share how you are feeling and why. It is ok that we get sad, angry sometimes. We cannot be happy all the time. Do they show sympathy or empathy towards how you are feeling.
- Help around the house by washing up, clean the car, put the clothes in the washing machine.
- Don't be afraid to challenge. I see you've drawn a picture of Mummy but I don't have any arms...

Support with maths and phonics

- Never teach your child to write in capital letters!
- Can they hear the initial sound in words c for cat, d for dog.
- Break down simple words to see if they can hear it. Where is the c-a-t?
- Can they count with one-to-one correspondence?
- Do they recognise different shapes
- Do they know their body parts
- What is their favourite story?
- Read, read and read a variety of books. Fiction, non-fiction, comics, recipe books.
- Recognise their own name.
- Mark make with purpose. I am drawing a flamingo.